



Are You Prepared for Flu Season?

Seasonal influenza, more commonly referred to as the flu, is a viral infection caused by the influenza virus. Influenza is VERY contagious! It is therefore very important that you take steps to prevent the spread of the flu. While good hand-washing and hygiene practices can help, the flu vaccine remains your best defense against getting sick each year.

Yearly flu vaccinations are offered in the fall and continue throughout the influenza season. Early vaccination in September or October is advised when it becomes available. However, getting vaccinated in December or even later can still be beneficial since most influenza activity occurs in January or in the later winter months.

The flu vaccination is strongly recommended for those at highest risk for developing complications from the flu. This high risk group includes children between six months and 18 years of age, adults above 49 years of age, people with chronic diseases, pregnant women, health workers, and caregivers of those at high risk. Adults between 18-50 seeking to reduce their risk of acquiring the flu should also consider getting vaccinated.

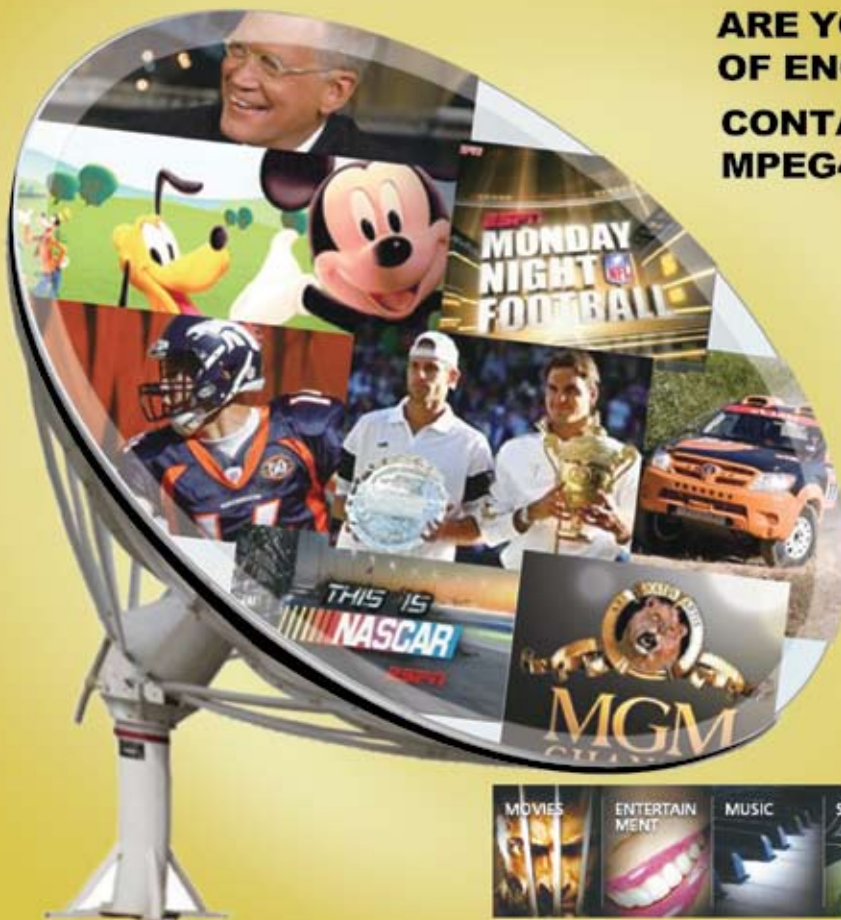
If you develop flu-like symptoms and are concerned about your illness, especially if at high risk for complications of the flu, you should consult a physician.

By Eunice Chen, MD
Family Medicine Physician / Chair of Family Medicine
Shanghai United Family Hospital

Get your imported flu shot at Shanghai United Family Hospital (SHU) for only RMB 88

SHU exclusively stocks a fourth generation virosomal flu vaccine from Berna, Switzerland, which is highly purified, has minimal egg derived protein, is free of preservatives, and offers excellent safety, tolerability and effectiveness. Stocks are limited so be quick.

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Fares shown are round trip and are non-refundable/non-transferable. Promotional fares exclude surcharge, all taxes and other applicable fees. Prior to departure, charges to your ticket may be made for a CNY 1500 charge. Ticketing within one day after reservation. Child/infant discounts are applicable. Stopovers are not permitted. Seats are limited. Fares are valid for travel from December 1, 2009, through March 31, 2010, and tickets must be purchased from September 1, 2009, through October 7, 2009. Transoceanic flight segments must be AA288/289 (Shanghai-Chicago). 3-day minimum and 30-day maximum stay requirements apply. American Airlines is a mark of American Airlines, Inc. oneworld is a mark of the oneworld Alliance, LLC.

Third graders explain the physics of SOUND and BODY to their parents

What did they say???

On December 4, parents were invited to an hour of Third Grade Science Experiments. Parents had the chance to try some of the Physics of Sound and Human Body experiments that the students have covered in the first trimester.

Students taped up their parents' fingers and thumbs, then asked them to perform simple tasks such as writing a letter, or cutting paper. The parents agreed that we really DO need joints in our hands.

The parents also found that sound travels through air, and solid materials. They made musical instruments to experience sound through pitch and volume, and had a chance to see sound vibrating.

It was a wonderful sight to see third graders teaching their parents, and seeing the parents having so much fun learning about Sound and the Human Body.



Far Left: The parents are welcomed; **Left:** Parent, Kimbra Power, listens to sound travel through solid materials.



Left: Alex Wu watches as his Mom writes while her thumb is taped. **Middle:** Carys Luetge teaches her dad about pitch. **Right:** Monica Turner asks her mom to put together paper clips with out bending her fingers

Housing request for visiting students to SAS Pudong

Shanghai American School's Pudong Campus is honored to be hosting the Asian Middle School Honor Band Festival January 28-30, 2010. This very prestigious event welcomes students and Band Directors from China, India, Saudi Arabia, Austria, Thailand, Japan, Germany, Hong Kong, the Philippines and Singapore.

Playing in Honor Band is just that – an honor – for a relatively few students. But hosting the event is an opportunity for the entire school and community to get involved. One of the main ways we are seeking your help is with **home housing**. Home stays are a time-honored tradition, developing friendship among students around the world and ensuring the cost of such events is affordable for all involved. By agreeing to take two visiting band members, your family will have the opportunity to meet students from other international schools around Asia and Europe and to share with them the SAS Pudong Spirit.

As a host family, you will be asked to provide accommodation,

breakfasts and two dinners. Transportation will be provided to and from the school on the normal SAS bus routes.

Please help us by getting involved! We cannot host such large and prominent events as this one without the support and involvement of parents like you, so thank you for allowing Shanghai American School to maintain and enhance its reputation as a world-class international school. And remember, you are 'paying it forward' – your own child may very well have a chance to take part in an arts or athletic event in another part of the world in the future, and we hope they would be as warmly welcomed by home stays.

Please have your son/daughter return your reply to the Middle School Office on or before Monday, November 30th.

—Jeff Rosen, MS Vice-Principal, Pudong Campus;
Louise Davey, MS Band Director, Pudong Campus

Carbon footprint from family travel over the holidays can be offset by planting trees

By Kevin Hou, Nathan Ren and the rest of the Carbon Neutral project team at SAS Pudong Campus

Most SAS families have heard about “going green,” and about programs and actions that are geared toward saving the environment. The upcoming Copenhagen summit will focus on climate change and weekly editorials discuss the need to reduce carbon emissions. But how does this all apply to us?

The daily actions of a single family can produce a large amount of carbon dioxide, especially as we begin traveling during the holiday season. A plane from Shanghai to Los Angeles, for example, emits over 2,400 pounds (a little over 1,000 kilograms) of carbon dioxide. This amount does not incorporate each passenger's ride to the airport, or all the electricity used in luggage transportation and security. This might sound like a lot of carbon dioxide, but neutralizing our carbon footprint is in fact very easy. Roots and Shoots, in collaboration with the Million Tree Project, are currently working to make SAS more environmentally friendly by neutralizing carbon emissions from plane trips during China Alive and sports events. In the future, we also hope to offset carbon emissions from bus rides.

To do this, we simply raise money to plant trees. Just last year, the Pudong campus of Shanghai American School raised enough money to plant our own SAS forest in Inner Mongolia – 1,000 trees! The Puxi campus, likewise, participated in a similar effort. Each tree can clear the air of 250 kilograms of carbon dioxide through the course of its life.

Families, then, can make their holiday trips “carbon neutral” by simply planting enough trees to absorb the amount of carbon

Destination	Distance	Trees Needed	Cost
Los Angeles	6468 miles	3	75 rmb
Singapore	2,363	2	50 rmb
Beijing	681	1	25 rmb
Toronto	7,088	3	75 rmb

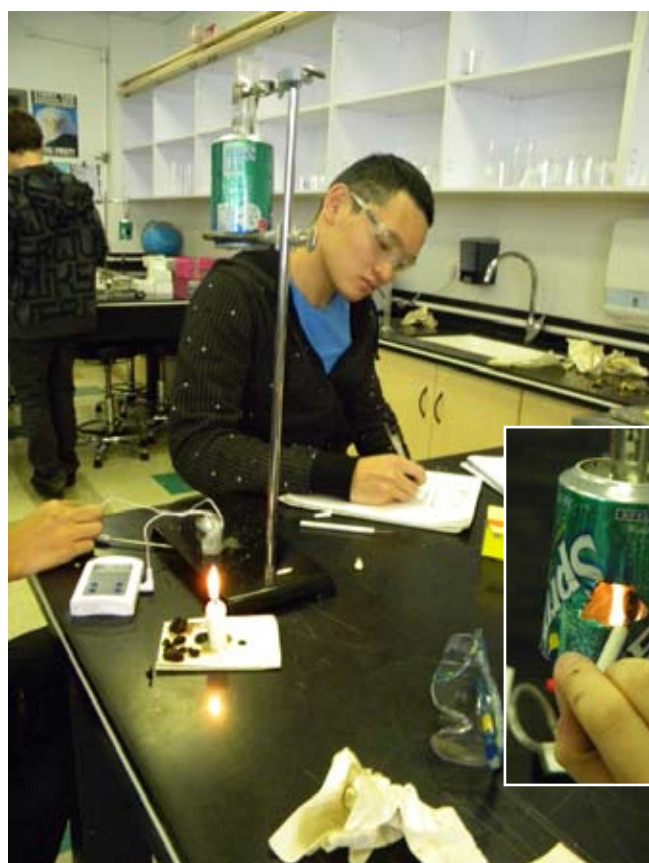
dioxide their trip produces. A single tree is only 25 RMB, and by buying two or three trees per trip, we can dramatically reduce our carbon footprint. See the sidebar for a simple list of common travel destinations from Shanghai to help give a sense of how cheap and easy it is to offset carbon emissions.

If you want to calculate the number of trees you need to offset a standard flight, visit this site: <http://www.mtpchina.org>

This holiday season, we can all give back to the earth. By making a small donation that will cover the purchasing and planting costs of a certain number of trees, we can help offset our carbon emissions from air travel. Donations can be placed in an envelope -- labeled “Roots and Shoots Trees” and listing the amount of money inside, the number of trees, and an email address — and dropped off in the high school office. By acting today, we can help pave the way for a better tomorrow.

If you have any questions or comments, feel free to e-mail SAS Roots and Shoots through jon.nordmeyer@saschina.org.

PUDONG CAMPUS



SCIENCE UPDATE



LEFT: Leonard Wang, an IB I student in Susan Goruk's science class, is testing the energy output of the common peanut, as part of his work, along with that of his classmates in their study of energy in foods.

ABOVE: Biology teacher, Timothy Boyer, explains to his class some of the characteristics of the common earthworm, which was a part of a larger discussion of millipedes and centipedes, noting that the latter are actually poisonous.

Preparations underway for the 2009-2010

ACAMIS Chinese Talent Show

By Irene Gu, 2009-2010 ACAMIS Chinese Talent Show organizer

At the beginning of school year, all middle school students at Pudong campus got involved in the T-shirt designing competition. In November, four designs were selected, one for each grade and the fourth one for other participating schools. The winners are Mikas Hansen (G6), Michael Shen (G7) and Madeleine Johnsson (G8), Kathleen Spillane (participating school) respectively.

The big posters of the Chinese Talent Show have been posted around in all campuses of the nine participating schools. Some participating schools, such as Dulwich and SCIS Puxi have been limited but are requesting more time slots. They are on a waiting list for those students who really want to participate in this event. We will give them more time if we do not get

more interest from our students. Students should contact me at irene.gu@saschina.org if they are interested in sharing their talent.

The performances are arranged in three categories: instruments, singing/dance and Kongfu. Each school has been allotted 15 minutes total.

To register, please go to the Talent Show blog: <http://teachers.saschina.org/chinesetalent-show>. It will offer a better picture of how this event runs and how one can be part of it. Fill out the form and e-mail it to me at: irene.gu@saschina.org. A response will come from me to confirm your registration within three days. Photos of rehearsals or performances can be attached to the application. We would love to show them to the audience at the beginning of the talent show.



Linda Hu (Pudong ES String teacher) will be the key judge for the Instrument competition. Danka Kulikowski (Pudong MS drama teacher) will be for Chinese Singing and Dancing competition. Leo from Min Wu Kong Fu institute will take over the Kongfu session.

K-4th winter concert sparkled!

By Joy Denton, Julie Wild, Robert Davis, and Elizabeth Tucker

On December 4, parents of Kindergarten through 4th-grade students were treated to the holiday concert spectacular, "Winter Eyes," a musical and artistic performance inspired by the book of the same name by Douglas Florian. The concept grew throughout many months of preparation and most importantly with countless student ideas and input.

Fourth-graders work on "Autumn Winds"

Early in the fall, using poetry and imagery from the book and other outside sources, 4th graders began creating the piece "Autumn Winds." The piece expanded with the use of student improvisations that turned into compositions.

Each class then learned this student-written music on the recorders and xylophones. Fourth graders brainstormed ideas to create the "autumn" on stage. One class created sound effects to enhance the reading of the poem; another group choreographed a dance based on the rhythm. Each class experimented with various forms and structured ways to present the piece. Then teacher, Joy Denton, helped to put it all together into one final form.

This process started all over again to create music inspired by the poem, "Winter Eyes." Students began by creating a list of images from the illustrations. The piece evolved to have many special parts and a beautiful dance cho-

reographed by our own Linsey Howitt.

Third-graders like poetry, too

Third graders incorporated the poetry of Douglas Florian into their performance pieces as well. Both "Winter Inside" and "What I Love About Winter" explore the interesting and unique aspects of the season, both outdoors and in. Many students also helped to decorate the stage and create props in their art class.

Second-graders borrow a book

Upon reading the poem "Winter Wool," one clever 2nd grader was reminded of a book from the library called *The Mitten Tree* by Candace Christiansen. After reading it together, they decided to transform the story into a musical play.

First, they figured out where the music would fit best into the story, wrote and adapted it to suit their needs, and learned the instrumentation.

Finally, they brainstormed actions, and invited teacher, Elizabeth Tucker, to play the role of Old Sarah, although they all agreed she would need to do some serious work to transform herself into an old-looking person. Particularly fun was exploring pattern and color in Art class through the making of their mittens.

First-graders use instruments

Inspired by the poem "Winter Time," 1st-grade students began their creative





process by collecting instruments that they felt would contribute to a magical, wintry atmosphere. After several weeks of learning each instrumental part, students decided which instruments they would use for the concert and began practicing in earnest.



Particularly challenging was learning how to count measures to ensure that they came in at the right point in the piece while keeping an eye on our conductor so that they kept the proper tempo. First graders love

to hurry, but like the poem says, "Winter always takes its time."

Next, the first graders determined their positions on stage, the manner in which they would make their way to their places, and actions that would help set the scene. And finally, using Simon Power's special microphone, students recorded the poem and added special effects.

Kindergarten kids learn "Jingle Bells"

Even though they were pretty tired after their October performance of *The Ghost with the Big Black Eye*, kindergarten students wanted to be included in the Holiday Concert, too! Since for many of them, this performance marked their first time on the big stage, they decided to join efforts with the 2nd graders so they wouldn't be quite so nervous. They started their process by learn-

ing the song "Jingle Bells" then practiced singing it with actual jingle bells around their ankles. On the big day, Kinder voices mingled with those of the 2nd graders to create one of the most enthusiastic versions of "Jingle Bells" ever heard at our school.

Over the past several months, many students helped teachers Robert Davis and Tucker decorate the set pieces with different materials and fabrics. Through the exploration of texture and color, students created a simply breathtaking winter set that elicited cries of delight from our audience.

"Winter Eyes" was truly a collaborative effort of both art and music. Most assuredly, the performance drew the audience into the world of Douglas Florian's poetry and provided for parents a window to the season through a child's eyes.



ES Band Concert: On December 8, Pudong campus ES students as well as grade 5 parents and friends attended the Band and Strings Concert in our auditorium.



A Thanksgiving first for the Aqua Eagles in Singapore

Seventy-five dedicated swimmers on the School Wide Swim Team traveled to Singapore for the long Thanksgiving weekend and to swim in the annual Santa Claus meet hosted by the Singapore American School Fighting Fish.

Swim teams came from Japan, Indonesia, Malaysia, Philippines, and our rival schools in China to compete in the day and a half meet.

A day of transition offered the swimmers time to acclimate with a trip to the beach at Sentosa Island and a visit to the aquarium before their competition began.

An exciting first day revealed a well-prepared group with consistent Personal Bests leaving just a 12 point margin between the Aqua Eagles and the Fighting Fish hosts at the end of the first day. It was clear by the end of the fly events on the second day, that a home team upset was possible and that it would all come down to the final medley relays.

With passionate Aqua Eagle parent support, the younger 6 and under, 7-8, 9-10 girls and boys Medley Relay teams all took first place though it was not enough to overtake the hosts.



Age Group High Point Winners

1st place 11-12	Tristan So
1st 13-14	G-Ping Lee
2nd 6 and Unders	Megan Wang /3rd Madison Yeung
2nd 7-8	Tina Wang /Andy Cho
3rd 9-10	Keaton Bloward
2nd 15 and over	Amy Parsons

Total Team Placements for the Top 5:

1. Singapore	890.5
2. SAS Aqua Eagles (1st in Traveling team category)	857.5
3. IS Beijing	
4. ISKL	468
5. IS Bangkok	380

Following the meet was the annual 'coaches (4 x 25m Free Relay) relay in which Coaches Day, Bao, McVean and Carpouzis took 1st place though a questionable disqualification gave the ISB Dragons the victory.

The ending awards ceremony celebrated the high point winners and gave the School-wide Swim Team—SAS Aqua Eagles—first place in their traveling team category ahead of the ISB-Dragons and the ISB-Panthers.

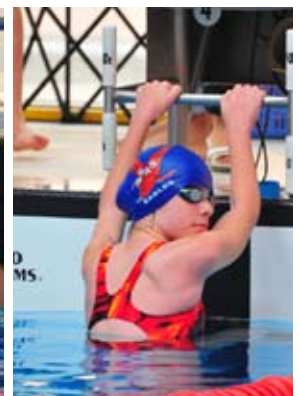
Traveling coaches which made this success possible include: Yu, Jin, Bao, Boyko, Day, McVean, Carpouzis and Biros.

After Singapore, Aqua Eagles take to Puxi campus to host first SISAC/CISSA Championships

After the one school, two campuses version of the Aqua Eagles flew about SE Asia winning titles, the two campuses were forced to split up and take on eight other teams for the title of top school in Shanghai. SAS Puxi hosted the first ever SISAC/CISSA Championships, which combined Elementary, Middle and High swimmers into one competition.

At the end of the day, it was SAS occupying the top two spots, Puxi campus bring home the title, with the Pudong campus taking the 1st runner-up spot. Puxi campus won the boys, girls and overall trophies. First and second place in the Shanghai Championships is

—See SISAC/CISSA on next page



SAS sweeps all three CISSA table tennis divisions

By Lou Wegener, SAS Puxi CISSA coordinator

SAS Puxi campus middle school table tennis team was nearly invincible this past Saturday at the ninth annual CISSA table tennis tournament hosted by our school.

One hundred paddlers from five international schools took part, and our team was in fine form thanks to the training they received by our talented coaches, Craig Tafel and James Waltz.

After the preliminary round-robin segment was completed, SAS had seven out of the eight quarter-finalists in the boys' senior division, five out of eight in the junior boys' division, and two out of the four semifinalists in the girls' division.

Mervin Law completed his undefeated tournament performance by defeating teammate Tom Wang to capture the boys' senior division title. Charles Lee knocked off Dylan Ley in the consolation match to give SAS the top four places which is the first time any CISSA school has accomplished such a "sweep."

The future looks promising as our junior boys (grade six) also represented our school well. Andrew Yin had a perfect 9-0 record as he held off a strong challenge from the British School's top seed. Tae Joon Kwak's only loss was a heart breaker in the semifinals to that BISS player, but he recovered nicely to win his consolation match and finish third.

For the second year in a row, Jessica Flohn and Wen Ni Chew were our top ranked female players, so it was not surprising to see them both go undefeated and end up facing one another in the

championship match. Jessica's powerful slams and tricky serves allowed her to narrowly edge past her good friend to win the girls' division title.

SAS was fortunate to have Coach Waltz help prepare these players. A U.S.A. national champion as a teenager he was here in Shanghai visiting Tafel, his former table tennis coach when Craig taught in Illinois.



ABOVE: Andrew Yin, Tae Joon Kwak, Charles Lee, Mervin Law, Jessica Flohn, Wen Ni Chew, Coach James Waltz; Top row: Tom Wang



SISAC/CISSA, con't from page 22

Aquatics Center getting closer to completion on Pudong Campus

something for our programs and our schools to be very proud of!

In the Individual awards, SAS took 19 of the possible 30 gold, silver and bronze medals handed out to the boys and girls in each of the five age groups.

There was also great success behind the scenes with the mechanics of the meet being orchestrated by the newly formed parents committee headed by Christie Attenberger and Cindy Easton.

"This was by far the most efficient and effective meet we have hosted in the history of the SAS Aqua Eagles," Aquatics Director Jon Biros stated in his closing remarks. "It is a relief to be at the top of our game both in the pool and with regards to our organization with both China Cup and APAC Championships right around the corner in January."

The Individual Award winners:

- **15 & Over:** Girls, 1st Amy Parsons, 2nd Lydia Oldham, 3rd Chewy Tang
- **15 & Over:** Boys, 1st Andrew McClintock 2nd Tie between Ramond Song and Benedict Wong
- **13 & 14:** Girls, 2nd Erika Lu
- **13 & 14:** Boys, 1st Graham Thompson, 2nd Fabien Ma
- **11 & 12:** Girls, 1st Min Young Lee 2nd Keaton Blavad
- **11 & 12:** Boys, 3rd Tristan So
- **9 & 10:** Girls, 1st Josephine Mah, 2nd Jessica Hu
- **9 & 10:** Boys, 1st William Huang, 2nd Ben Attenberger
- **8 & Under:** Girls, 2nd Tina Wang
- **8 & Under:** Boys, 1st James Soutendijk, 3rd David Xue

The Giving Tree

PuDong campus PTSA helps out over 500 of its Chinese neighbors



By Beth Arnold

In recent weeks, the SAS PuDong campus community has been working hard to collect new coats, shoes, hats, gloves, scarves, and other Chinese New Year gifts, for the children of PuGuang Migrant School. This school is located in HeQing town, which the buses pass through every day on the new route to school, making it even more meaningful to our students. Not only are they helping local children, but they may even be able to see the results from the windows of the bus.

—See GIVING TREE on page 28





Come and join us!

2009-2010 ACAMIS Chinese Talent Show Event

Host School: 上海 Shanghai American School Pudong Middle School

Date: February 5, 2010

Time: 9:30AM-13:30PM

Participating Schools:

Shanghai American School Pudong

Shanghai American School Puxi

Shanghai Community International School Puxi

Shanghai Community International School Pudong

British International School Shanghai Pudong

Yew Chung International School of Shanghai(Puxi)

Concordia International School Shanghai

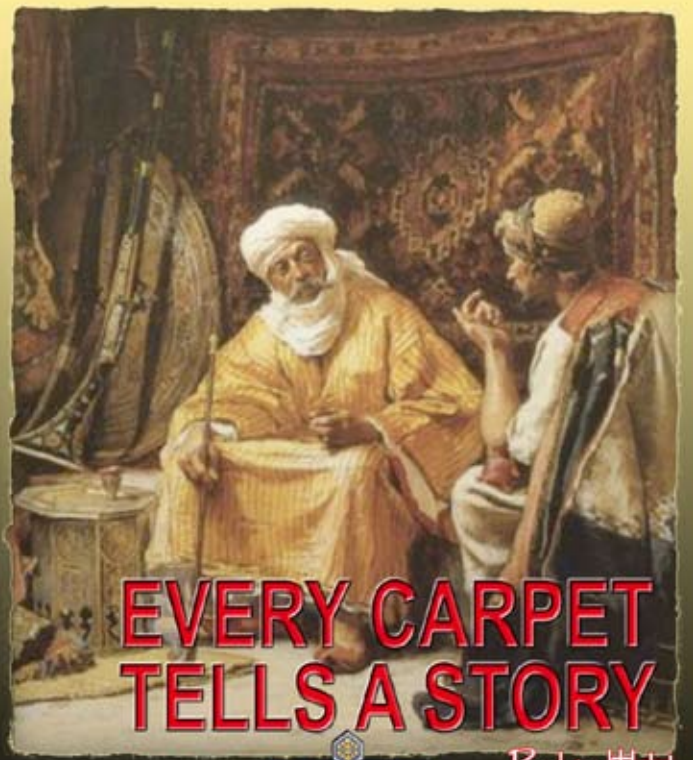
Dulwich College International School Shanghai

Shanghai Rego International School



Come and join us!

• Go to the blog and get the registration form <http://teachers.saschina.org/chinesetalentshow>
• Fill in the registration form and turn it in to your Chinese teacher
• Check the performance list online in January
• See you on February 5, 2010



EVERY CARPET TELLS A STORY

JANUARY 23

EASTERN CARPETS

Parkland Hotel

6:30 - preview
7:30 - auction



1000 Kow Road, Zhongyuan H. East Park
Shanghai 201203, China



PROCEEDS GO TO SUPPORT THE PUDONG PTSA...

sas pudong campus
high school student council
presents the 4th annual...

pudong rocks fundraiser

an evening of MS and HS
musical performances

friday, 22 january 2010
6-8PM
auditorium
25 rmb

tickets available in the food court during
lunch from the MS eagle ambassadors
and HS student council

5 REASONS for CHOOSING MENTORS 名德仕

5 WE FIT
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1 RESULTS
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SPORTS ...

at Shanghai American School

Pudong Campus

By
Todd
Parham
Pudong
Activities
Director



Upcoming High School Activities:

January 13: SISAC Basketball— SMIC @ SAS PD

- DI Boys and Girls HS Gym - 4:30pm start
- DII Boys and Girls MS Gym - 4:30pm start

January 15-16: Candy Cane Swim Meet @ SAS Puxi

January 15: SISAC Basketball

DCS @ SAS PD DI Boys and Girls - 4:30pm start

January 16: SISAC Basketball

- DII Girls Mini Basketball Tournament @ SAS Pudong; Time TBA
- DII Boys Mini Basketball Tournament @ SAS Puxi; Time TBA

January 19: SISAC Basketball; SAS PD @ SCIS DI (Boys 4:30pm; Girls 5:45pm)

January 22: SISAC Basketball; SAS PD @ CISS

- DII B/G 4:30pm start
- DI Girls 5:45pm start
- DI Boys 7:00pm start

January 23: China Cup Swimming @ SAS Puxi

January 25: SISAC Basketball; SAS PD @ YCIS PD

- DII Girls 4:30pm start
- DII Boys 5:45pm start

January 28-30: APAC Basketball

- DI Girls @ SFS
- DI Boys @ SAS PD

January 28-30: APAC Swimming @ SAS Puxi

February 1: Third Season Sports/Try-Outs Start

- Soccer players meet out on the main field @ 3:10pm
- Track & Field athletes meet outside the activities office @ 3:10pm
- Badminton players meet in the MS gym @ 3:10pm
- Softball players meet on the softball field @ 3:10pm
- 3rd season swimming starts — for more details see Mr. Carpouzis

February 3: SISAC Basketball; BISS PD @ SAS PD

- DI Boys and Girls HS Gym; 4:30pm start
- DII Boys and Girls MS Gym; 4:30pm start

Please check out our new activities blog <http://teachers.saschina.org/pdactivities/>

Puxi Campus



By
Steve
Doleman
Puxi
Activities
Director

Upcoming High School Activities:

January 9: Varsity Basketball @ SASPD (vs. PD/CISS)

January 15–17: China Cup (Swimming/Table tennis @ SASPX; Basketball @ ISB); Forensics @HKIS.

January 16: D2 Shanghai Cup Basketball Invitational

January 26-28: 3rd Season China Cup Softball @ SASPX; Badminton @ ISB; Soccer @ HKIS.

January 27-31: 2nd Season APAC. Swimming @ SASPX; ALL APAC Basketball (Girls @ SFS; Boys @ SASPD)

February 1: 3rd Season Events: Tryouts begin— Badminton, softball, soccer, track & field.

February 5: 2nd Season Awards; Recognizing basketball and swimming @ PAC, 6.00pm

February 5: Eaglelympics

February 6: SISAC Basketball Championships

- D1 Boys Cup @ SAS PD - 8 teams
- D1 Girls Cup @ SAS PD - 8 teams
- D1 Boys Plate @ BISS PD - 6 teams
- D1 Girls Plate @ BISS PD - 4 teams (1st vs. 4th; 2nd vs. 3rd; then Finals)
- D2 Boys Cup @ CISS - 8 teams
- D2 Girls Cup @ CISS - 8 teams
- D2 Boys plate @ BISS PX - 6 teams
- D2 Girls Plate @ BISS PX - 6 teams

February 6: CISSA Floor Hockey @ SASPX

February 24-28: 2nd Season APAC Fine Arts Theatre @ CA; Band @ SASPD.

February 25: SASPX MUN (SHAMUN)

March 5: APAC Fine Arts Awards; Recognizing choir, orchestra, band, theatre. 6.00pm @ PAC

March 5-6: APAC Forensics

Monday	Tuesday	Wednesday	Thursday	Friday
January 4	January 5	January 6	January 7	January 8
Winter Holiday NO SCHOOL		Gratin fish with lemon dill and capers ES: Nuggets: Sauteed chicken w/ black bean sauce ES: Macaroni and cheese Spinach rice Mixed veggies	Beef curry (Mild beef curry) Pork fajitas Spinach rice Corn in butter	Chicken Schnitzels Lamb leg on paprika rice ES: Spaghetti Bolognese Butter potatoes/Steamed rice Sauteed broccoli
		Eggplant parmigiana	Vegetable curry	Spinach cheese pizza
		Banana cake	Vanilla pudding	Jell-O with fruits

Eurest Cafeteria Phone Extensions: Pudong Campus — 3293 or 3290; Puxi Campus — 2561

Monday	Tuesday	Wednesday	Thursday	Friday
January 11	January 12	January 13	January 14	January 15
Penne w/ sausages and crispy onions Kimchi fried rice Sautéed greens	Sauteed pork in spinach and garlic ES: Pork burritos Chunky chicken casserole Spinach butter rice Sauteed bok choy	Beef Shepherd's pie Macaroni and cheese w/ bacon Broccoli w/ carrots	Classic Chicken Curry ES: Mild chicken curry Irish beef stew Mashed potatoes / Steamed rice Cauliflower w/ carrot	Pork teriyaki bowl on rice Breaded chicken fingers Steam rice Cabbage

Vegetarian

Sweet and sour vegetables and tofu	Spinach Quiche	Bok Choy fried noodles	Fried rice with lentils and curry	Penne carbonara - veggie
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Dessert

Vanilla pudding	Apple strudel	Profiteroles chocolate	Mini brownie	Baked apples w/ cinnamon
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blink

Dharmendra 'Dan' Dubay
HS Science Teacher, Puxi Campus



Are you a MAC or a PC person?
PC person. Try looking for a back-space button on a Mac.

If you could have one superpower what would it be? To read minds.

What is your home country and what do you miss most about it?

Trinidad and Tobago aka sweet TnT (Mom's cooking)

What's the worst weather-event you've ever experienced?
Hurricane Fabian in Bermuda 2003.

Are you a morning or evening person? Why do you think that is?
Definitely morning. Maybe because I was born at 5:30am.

Are you a beach person or a mountain person? Why do you think that is?

Mountain: Simple, I lived in Trinidad for 35 years and Bermuda for three years. You know what they say about too much of a good thing.

blink is a weekly feature designed to introduce the SAS community to its new, first-year faculty and staff and to do so in a casual and relaxed format.

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UPCOMING EVENTS

JANUARY — Pudong Campus

- 6 ♦Classes resume
- 7 ♦Second session ES/MS/HS After School Activity letters go home to parents
 - ♦PTSA EXCO meeting
 - ♦CISSA Floor Hockey begins
- 11-12 ♦Second session of ES/MS/HS After School Activities begins
- 14 ♦PTSA MS Meeting
 - ♦PTSA HS Meeting
- 19 ♦Board of Directors' meeting, Puxi Campus, 6:30pm, Administration Building
 - ♦Spelling Bee: Written test for the CCS (Community Center Shanghai) Spelling Bee.
- 21 ♦PTSA ES Meeting
- 21-25 ♦ISTA Drama Festival in Kuala Lumpur
- 23 ♦PTSA Carpet Sale; 6:30pm viewing; 7:30pm auction, Parkyard Hotel, #699 Bibo Road, Zhangliang Hi-Tech Park, Shanghai 201203. Ticket price: 200 RMB.
- 28 ♦PTSA, SAS Connect's
 - ♦Parent book club; 12:30-2:30pm
- 28-30 ♦Asian Middle School Honor Band Festival;

GIVING TREE, continued from page 24

Our wonderful students and parents were able to provide a Chinese New Year gift bag to 545 students, covering each and every child in the school. Above and beyond PuGuang, we were able to raise over 16,000RMB for Community Center Shanghai, The Giving Tree program to use for other schools in need.

Upon arriving at the migrant school to deliver the bags, we were surprised to find that, due to the width of the road leading to the school, the bus had to stop about a 1/2 kilometer short of its destination. Although, none of us mind walking a little, the thought of carrying over 500 bags that far, was a bit overwhelming! But in the spirit of the people of our host country, we were not to be deterred by this dilemma. We flagged down a small truck, which was passing by without a load, and asked if they could help us deliver our gifts, and had the principal of the school gather all of the older children. In no time at all, the bus was unloaded, and excited children were returning to class.

The day following delivery, we returned to PuGuang for a distribution ceremony. We were thrilled to be joined by a few high school students, the middle school choir, and the elementary student council. Each of the children at the school marched out into the courtyard carrying the bag that had been filled for them. They filed into neat rows and stood at attention, as a few other students raised the Chinese flag. This was followed by songs performed by the PuGuang school students, as well as our own Middle School choir, a few speeches, and then some time to meet the students we helped. It was a touching and happy morning, and one that we will not soon forget.

This would not have been possible without all those who filled a bag, contributed to a bag, or made a cash donation to this very

JANUARY — Puxi Campus

- 6 ♦Classes resume
 - ♦HS Principal coffee, 10am, Library Media Center
- 9 ♦HS Winter Formal
- 10 ♦HS Parent Networking Coffee
- 11 ♦ES Grade 4 Chinese Traditional Dance, 10:50-11:50, Performing Arts Center
- 13 ♦MS Principal Coffee, 10am, Library Media Center
 - ♦MS Report cards go home
- 15 ♦Booster Spirit Day
- 19 ♦Grade 8/Grade 9 Parent Evening, 6-8pm,
 - ♦Board of Directors' Meeting, Puxi Campus, 6:30pm, Administration Building
- 20 ♦ES Principal Coffee, 9am
 - ♦Grade 10, Parent Evening, 6-8pm
- 21 ♦Grade 11, Parent Evening, 6-8pm
 - ♦ES Passport Check
- 22 ♦IB Music Recital
- 23 ♦HS SAT Exam
- 26 ♦ES Passport recheck
- 27 ♦PTSA Meeting
- 28 ♦MS Counselor Parent Coffee
 - ♦ES Pre-K-Gr 2 Assembly, 8:20am, Performing Arts Center
 - ♦MS Musical production, 7pm, Performing Arts Center
- 29 ♦MS Musical production, 3pm, Performing Arts Center

Tutoring Club offers help to ES students

The Elementary Tutoring Club is still offering tutors to Elementary students in need of help. If interested, please contact Ann Chen (ann.chen182@gmail.com) or Katrina Yeh (katrina_yeh@hotmail.com) providing the following information:

- Child's full name
- Child's grade and teacher's name
- Day of the week available for tutoring
- Parent's Name
- Parent's contact number

worthy cause, including Michael Chao, who took control of the high school portion of our bags, and put together a group of 11th graders to help organize, deliver, and collect bags. Katie Ferguson, Evelyn Sun, and many other parents helped me through this process, as well as, of course, the 3rd and 5th graders who helped me collect bags. We couldn't have done it without all of this help!

This holiday season we have a reason to be proud, as our generosity shined in the smile on a child's face.